

GLUTEN-FREE
100% REAL FOOD
NO ADDED SUGAR
POWDERED MEAL
DAIRY-FREE
NON-GMO



PEDIATRICS

KALE, QUINOA, AND BERRIES *Plus*

Vegan Friendly | Added Vitamins and Minerals| Antioxidant Rich

Whole Story Meals is a woman-owned, veteran-owned business started by a mother who wanted to feed her daughter well. Our ingredients are ethically and sustainably sourced, free of GMO's and processed to preserve vital nutrients.



KQB PLUS PEDS *benefits*

OPTIMAL NUTRITION

Formulated to meet 100% DRI for 25 essential nutrients*.



RICH IN POLYPHENOLS

Help manage inflammation and reduce oxidative stress.



PLANT PROTEIN

Powerful plant protein designed to meet pediatric needs.



Instructions

Mix 2.5oz of water per scoop (21g) of powder. Mixes best in a shaker bottle with a wire whisk.

Quick Tips

- Mix only what you need for each meal.
- For best results do not store your blend in the refrigerator.

Caloric Density

1.1 up to 2.0 cal/ml

Caloric Distribution

13% calories from protein
 42% calories from carbohydrate
 45% calories from fat

KQB PLUS PEDIATRICS Overview

- Each bag contains 2,000 calories
- 1 scoop of powder = 100 calories
- Can be enjoyed by mouth or tube
- Suitable for syringe or pump feeding
- Customizable calorie density
- For pediatrics
- Complete nutrition

Ingredients

Cold-processed sunflower seeds, sweet potatoes, cold-processed golden flaxseeds, coconut oil, organic quinoa, zucchini, blueberries, raspberries, kale, ancient sea salt, dextrin (a fiber).

Vitamins and Minerals

Choline bitartrate, retinyl palmitate (A), methyl folate, potassium iodide, phytonadione (K), cholecalciferol (D3), biotin, methylcobalamin (B12)

Allergens: coconut (tree nut)

Billing Information

HCPCS B4149
 NDC: 50052-0824-09
 Each Item #: 7323
 Case (30 EA)
 Case Item #: 9323

Nutrition Facts

5 servings per container	
Serving size	4 scoops (85.75g)
Amount Per Serving	
Calories	400
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 5g	25%
Trans Fat 0g	
Polyunsaturated Fat 4.9g	
Monounsaturated Fat 8.08g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 43g	16%
Dietary Fiber 10g	36%
Total Sugars 13g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 1.67mcg	8%
Calcium 267mg	20%
Iron 4mg	20%
Potassium 770mg	15%
Vitamin A	15%
Vitamin C	10%
Vitamin E	50%
Vitamin K	15%
Thiamin	40%
Riboflavin	15%
Niacin	30%
Vitamin B6	35%
Folate	20%
Vitamin B12	15%
Biotin	15%
Pantothenic Acid	20%
Phosphorus	25%
Iodine	20%
Magnesium	35%
Zinc	20%
Selenium	25%
Copper	70%
Manganese	60%
Chromium	70%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*12 scoops (1,200 calories) of Kale, Quinoa and Berries Plus Pediatrics a day meets Institute of Medicine DRI for 25 essential vitamins and minerals for children ages 4-8.

Samples Available Upon Request
 nutrition@wholestorymeals.com

Whole Story Meals Inc.
Updated 4/5/2024