

**GLUTEN-FREE
100% REAL FOOD
NO ADDED SUGAR
POWDERED MEAL
DAIRY-FREE
NON-GMO**



CHICKEN, PEAS AND CARROTS *Plus*

Real Chicken | Added Vitamins and Minerals | High Protein

Whole Story Meals is a woman-owned, veteran-owned business started by a mother who wanted to feed her daughter well. Our ingredients are ethically and sustainably sourced, free of GMO's and processed to preserve vital nutrients.

CPC PLUS *benefits*

OPTIMAL NUTRITION

Formulated to meet 100% DRI for 25 essential nutrients.*



CONTAINS TURMERIC

Powerful antioxidant and anti-inflammatory superfood.



IMMUNE SUPPORT

Fortified with essential vitamins A, C, D, E, and Zinc to bolster the immune system.



Instructions

Mix 2.5oz of water per scoop (22g) of powder. Mixes best in a shaker bottle with a wire whisk.

Quick Tips

- Mix only what you need for each meal.
- For best results, do not store your blend in the refrigerator.

Caloric Density

1.1 up to 2.0 cal/ml

Caloric Distribution

16% calories from protein
46% calories from carbohydrate
38% calories from fat

CPC PLUS Overview

- Each bag contains 2,000 calories
- 1 scoop of powder = 100 calories
- Can be enjoyed by mouth or tube
- Suitable for syringe or pump feeding
- Customizable calorie density
- For adults
- Complete nutrition

Ingredients

Chicken broth and fat, oats, peas, sweet potatoes, carrots, strawberries, coconut oil, cooked chicken, salt, onion, turmeric, black pepper, dextrin (a fiber)

Vitamins and Minerals

Calcium citrate, choline bitartrate, retinyl palmitate (A), methyl folate, potassium iodide, phytonadione (K), biotin, cholecalciferol (D3), methylcobalamin (B12).

Allergens: coconut (tree nut)

Billing Information

HPCPS B4149
NDC: 50052-0824-04
Each Item #: 7224
Case (30 EA)
Case Item #: 9224

Nutrition Facts

5 servings per container	
Serving size	4 scoops (90.8g)
Amount Per Serving	
Calories	400
<small>% Daily Value*</small>	
Total Fat 17g	22%
Saturated Fat 6.9g	35%
Trans Fat 0g	
Polyunsaturated Fat 3.4g	
Monounsaturated Fat 6.7g	
Cholesterol 25mg	8%
Sodium 490mg	21%
Total Carbohydrate 46g	17%
Dietary Fiber 7g	25%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 16g	
Vitamin D 5mcg	25%
Calcium 260mg	20%
Iron 3.5mg	20%
Potassium 968mg	20%
Vitamin A	20%
Vitamin C	20%
Vitamin E	20%
Vitamin K	20%
Thiamin	25%
Riboflavin	20%
Niacin	25%
Vitamin B6	20%
Folate	25%
Vitamin B12	20%
Biotin	20%
Pantothenic Acid	25%
Phosphorus	20%
Iodine	20%
Magnesium	20%
Zinc	20%
Selenium	40%
Copper	30%
Manganese	50%
Chromium	30%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

*20 scoops (2,000 calories) of Chicken, Peas and Carrots Plus a day meets Institute of Medicine DRI for 25 essential vitamins and minerals for adults age 18 or older.

Samples Available Upon Request

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Whole Story Meals Inc.

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