

# Transforming Enteral Nutrition



Whole Story Meals is real fruits and vegetables picked at their peak of ripeness and cold-processed to preserve their nutrients. Our meals contain zero added sugar or artificial ingredients. Enjoy all the benefits of real food in a convenient powder, ready to be rehydrated with the liquid of your choice.

## Original Line

Real food, powdered meals that are customizable to meet individual nutrient needs

### Kale, Quinoa and Berries



### Chicken, Peas and Carrots



## Restore Line

The first and only real food meal specifically formulated to support kidney health. Can be enjoyed by anyone as part of a real food diet.

### Restore



### Restore Fusion Nutritional Shake



## Plus Line

Designed for adults seeking balance and wellness and enhanced with a precise blend of vitamins and minerals delivering complete nutrition.

### Kale, Quinoa and Berries Plus



### Chicken, Peas and Carrots Plus



## Plus Pediatrics Line

Complete nutrition designed to meet the needs of children with expertly tailored nutrients for healing, growth and development.

### Kale, Quinoa and Berries Plus Pediatrics



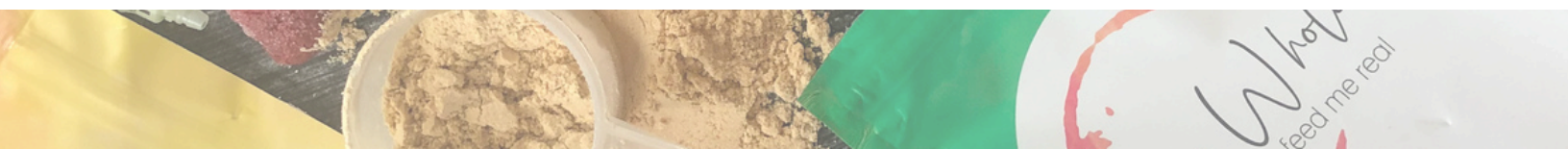
### Chicken, Peas and Carrots Plus Pediatrics



## Overview

- 100% real food
- No added sugar or preservatives
- Free of top 9 allergens and gluten
- Covered by insurance under HCPCS B4149
- Appropriate for children and adults
- Each bag contains 2000 calories
- 1 scoop of powder = 100 calories
- Can be enjoyed by mouth or tube
- Suitable for syringe or pump feeding
- Mix with liquid of choice
- Customize calorie density as needed

For more information and to request samples, visit [www.wholestorymeals.com](http://www.wholestorymeals.com)



# Nutrient Information

Per 4 Scoops of Whole Story Meals

	Kale, Quinoa and Berries	Kale, Quinoa and Berries PLUS	Kale, Quinoa and Berries PLUS Pediatrics	Chicken, Peas and Carrots	Chicken, Peas and Carrots PLUS	Chicken, Peas and Carrots PLUS Pediatrics	Restore	Restore Fusion
Calories	400	400	400	400	400	400	400	400
Fat (g)	20	20	20	17	17	18	22	22
Carbohydrate (g)	41	41	43	46	46	47	46	47
Fiber (g)	12	12	10	7	7	6	8	8
Sugars (g)	13	13	13	11	11	11	9	7
Protein (g)	17	17	13	16	16	13	8	8
Sodium (mg)	315	320	330	490	490	365	18	19
Potassium (mg)	756	750	770	968	968	800	382	390
Phosphorus (mg)	250	250	295	275	275	188	208	222

## Quick Tips

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**Mixes best in a shaker bottle with wire whisk**  
 Add Whole Story Meals and liquid of choice to shaker bottle, shake, and enjoy!
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**Mix only what you need for each meal**  
 For best results, do not store your blend in the refrigerator
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**Choose the meal that meets your needs**  
 Customize nutrient supplementation with our original meals or use Plus meals for a nutritionally complete option

wholestorymeals.com  
307-222-0567

